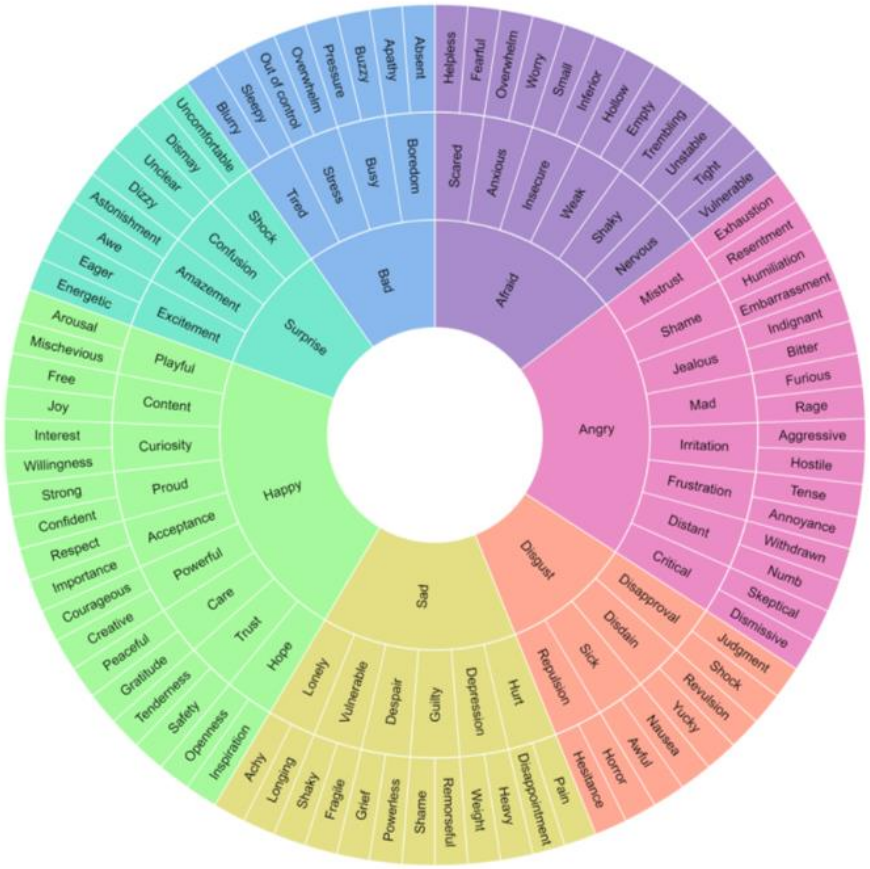
EMOTION WHEEL



Dr. Albert Wong-the Director of Somatic Psychology at JFK University and a leading clinician and educator in the field of somatics.